

EVAC T & F League Bedford Wed. July 4th**Women**

Jill Eve	11:02.3
Sue Rey	13:07.9
A. Sutton	13:24.8
Jo Millington-Wallace	13:42.8
Diane Gill	14:12.1
Elspeth Missen	14:54.2
Jenny Grainger	16:14.4
Ursula Duckworth	16:17.2
Helen Middleton	16:50.4
Julia Hancock	17:00.7

Men

Rod Dunn	10:23.0
Arthur Thomson	10:26.5
Mark Wall	10:57.5
Bob Austin	11:21.7
Graham Ayre	11:29.8
Robert Lands	12:05.4
Giorgio Garfalo	12:09.0
John Borgas	12:34.4
Ron Winter	13:03.0
R Smith	13:07.9
Peter Goodfellow	15:15.1

EVAC T & F League Cambridge Wed. July 4th**Women**

G. Brooks	12:11.0
E Blakie	12:32.8
C Duhig	12:36.8
C Johnson	13:52.9
J Hobbs	14:40.5
G Harwood	16:21.4
A Martin	17:49.6

Men

C James	11:56.2
P Howard	12:31.4
J Brock	12:43.8
P Firmage	12:48.2
P Cassidy	13:14.1
Ben ??	13:54.0
R Isbill	16:01.5